

# 'Circles of Connection'

## Community Group Collaborative Painting

### Project:

To create a collaborative painted artwork with the mums from the "My Time" carer peer support group. The project aimed to provide a relaxing and creative shared experience where participants could step away from the daily pressures of caring for children with additional needs and contribute to an artwork created especially for their community space.

### Process:

The painting process began on a brightly coloured yellow canvas, creating an energetic and welcoming base for the artwork. Participants started by painting circles across the canvas, gradually moving around the artwork and overlapping shapes to build layers and connection between contributions.

Participants then outlined each other's circles using contrasting colours before adding stencilled patterns, stamps, dots, and decorative marks throughout the painting. The evolving layers created increasing visual complexity and encouraged spontaneous creative exploration.

To complete the artwork, white and black paint was added for contrast and visual pop, along with colourful adhesive gems during the BLING stage. The collaborative painting was completed across multiple sessions to allow more carers to participate.



### Results:

A richly layered and visually detailed collaborative artwork was created and is now displayed at Forbes Children's Centre where the carers meet regularly for peer support.

The finished painting reflects many individual contributions combined into one connected artwork filled with colour, pattern, and texture. The mural continues to provide a welcoming visual reminder of creativity, participation, and community connection.

**The project was a success!**